MARY IMMACULATE HIGH SCHOOL
Caerau Lane, Wenvoe, Cardiff CF5 5QZ

Headteacher Huw Powell B.D (Hons) M.A NPQH

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18/11/2026

Dear Parents and Carers,

Spirit Week – Monday 30 November to Friday 4 December

We are delighted to let you know that we will be holding our first ever Spirit Week at school from Monday 30 November to Friday 4 December.

Spirit Week is about celebrating what it means to be part of our school community. We know that when young people feel that they belong and are valued as part of their school, this can have a positive impact on their attendance, behaviour and learning. Throughout the week, we want pupils to celebrate our shared ethos and culture, our differences and similarities, our Catholic mission and, importantly, our responsibility to care for others.

There will be lots happening throughout the week. Activities will include House assemblies and a Pep Rally, Christmas cards for elderly members of the community, Joy Jars, pupil-versus-staff sporting events, Faith in Action activities, a photobooth, a Show of Talent and our usual celebrations for Mary Immaculate Day.

We would particularly appreciate your support as parents and carers in helping your child to participate fully in the week.

Thursday 3rd December – House Colour Non-Uniform Day

On Thursday, pupils are invited to come to school in non-uniform, wearing something with the colour of their House. Pupils will have received a House-coloured wristband during the week to help remind them of their House colour.

Rather than asking pupils to make a financial donation for non-uniform day, we are asking every pupil to bring at least one item for the local foodbank. This should be a non-perishable item that does not require refrigeration, such as:

- tinned food
- pasta or rice
- packets or jars
- cereals
- other suitable store-cupboard items

These donations will allow our pupils to celebrate their school community while also making a very practical difference to people within our wider community.

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How parents and carers can help

We would be grateful if you could:

- encourage your child to get involved enthusiastically in the activities during the week;
- help them prepare something appropriate in their House colour for Thursday;
- send them to school with at least one suitable foodbank item on Thursday; and
- talk to them about Spirit Week and what belonging, compassion, respect and being part of our school community means to them. They may be wearing badges if staff have recognised them showing those qualities during the week. The week will also recognise pupils who demonstrate qualities such as love, care, compassion and respect.
- There is a **House attendance competition** all week – the one with the highest attendance will have a free school breakfast on the Friday.

Spirit Week will conclude on Friday with Mary Immaculate Day, including Mass and the school's usual celebrations, alongside some additional Spirit Week activities.

We hope the week will be great fun, but its purpose goes much deeper than that. We want every young person to finish the week feeling that this is their school, that they belong here and that they have an important part to play in our community.

Thank you, as always, for your support. We are really looking forward to celebrating Spirit Week together.

Yours sincerely,



Mr H Powell
Mary Immaculate High School